

Capital Region Career and Technical School is unique from any other substitute teaching day you may have already experienced. Our environment is different; there may be a band saw or kitchen knives in the room, and the students are truly hands on.

While we have desks or a place to work, this is not the traditional classroom or teacher led experience. It is more a Socratic seminar, where students enjoy discussion. Our students leave whatever is going on in their world at the door and you should leave any preconceived ideas about BOCES as well. Patience, curiosity about the students and their projects and a sense of humor will do you well here.